



Mandatory Disclosure

Sorin Thomas LPC, LAC

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Location: 2027 Broadway Boulder 827 Grant Street Denver 709 3rd Ave Longmont

Degrees: MA in Somatic Psychology from Naropa University, 2014
BA in Contemplative Psychology from Naropa University, 2008
Credentials: Licensed Professional Counselor LPC:13439
Licensed Addictions Counselor ACD:773

In accordance with Colorado State Law 12-43-214, as your therapist I must provide you with the following information about myself and your rights as my client. Any questions, concerns or complaints regarding the practice of mental health professionals may be directed to the Department of Regulatory Agencies Division of Professions and Occupations. Address: 1560 Broadway, Suite 1350 Denver, CO 80202. Phone: 303-894-7800.

As to the regulatory requirements applicable to mental health professionals: Licensed Professional Counselors must hold a masters degree in their profession and have 2,000 hours of post-masters supervision; Licensed Addiction Counselors must hold a masters degree in behavioral health, complete the required trainings, and have 4,000 hours of supervised experience.

You are entitled to information about the method of therapy, the techniques used, the duration of therapy (if known), and the fee structure. You may seek a second opinion from another therapist or terminate therapy at any time. However, a final session for closure may be beneficial.

Under Colorado law, minors at least 15 years of age may consent to their own treatment; however, parents have the right to access mental health treatment information concerning their minor children under the age of 18 unless the court has restricted access to this information. If parents request treatment information, I may provide a treatment summary in compliance with Colorado Law and HIPAA standards; however, I may also recommend that parents respect the privacy of their children to maintain trust in the therapeutic relationship.

Information provided by you during our therapy sessions is legally confidential with a few exceptions. I regularly consult about your treatment with a team of mental health professionals who are also bound by law to protect your confidentiality. As a mandatory reporter, I must comply with the following legal exceptions to confidentiality:

1. I am required to report any threat of imminent danger made by you to law enforcement and to the person(s) threatened.
2. I am required to initiate a mental health evaluation if you appear an imminent danger to yourself or others or appear gravely disabled as a result of a mental health disorder.
3. If there is reason to believe that child abuse/neglect has occurred, I am required to report it to Social Services for investigation. I am required to report abuse/neglect that happened in the past when the victim is over the age of 18 if the abuser is currently in a position of trust with children.
4. I am required to report any suspected threat to national security to federal officials.
5. I may be required by Court Order to disclose treatment information.
6. In some cases, if you are under the age of 18, you may not have full confidentiality.
7. I may be required to report if you are over the age of 18 and disclose that you were abused/neglected by a person who is currently in a position of trust with a child AND there is reasonable cause to suspect that the person has subjected another child who is currently under the age of 18 to abuse/neglect or to circumstances or conditions that would likely result in abuse/neglect.

In a professional relationship such as ours, sexual intimacy is never appropriate and should be reported to the Department of Regulatory Agencies Division of Professions and Occupations. Other dual relationships, such as teacher/student are rarely appropriate and will be considered on a case-by-

case basis. Furthermore, in order to maintain a professional relationship, I am not permitted to accept purchased or monetary gifts.

Policies

A session is typically 50 minutes. Sessions may be extended to 80 minutes if mutually agreed upon, for example in family or couples therapy. If you are unable to keep an appointment I request 24-hour notice, without which I will charge your credit/debit card on file for missed appointments. Exceptions to this policy are extreme weather or sudden illness.

Name on Card	Card Number	Expiration	Code
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I will return emails and phone call within twenty-four hours during business hours, unless you have been notified that I am out of the office. Please be advised that Queer Asterisk does not provide 24/7 emergency services or crisis interventions. If you or someone you know is experiencing a medical, life-threatening emergency call 911 or go to the nearest emergency department. If you or someone you know is otherwise in crisis call Colorado Crisis Services at 1-844-493-8255 or go to their nearest walk-in clinic. Both are available to the community 24/7.

Contract

I, _____, agree to pay the rate of \$ _____ per _____ minute session
(client’s printed name)
and I agree to pay at the time of each visit otherwise my credit/debit card will be charged. I understand that Queer Asterisk does not bill insurance companies directly and my therapist will provide a receipt of services provided upon request that I can submit to my insurance company.

I have read the preceding information, also provided verbally, and I understand my rights as a client or as the client’s guardian. I acknowledge that I have received a copy of this disclosure.

Client’s Signature	Date
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Guardian’s Signature (if applicable)	Date
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Sorin Thomas LPC, LAC	Date
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Description of Approaches

Somatic Psychotherapy is an empirically supported, strength-based approach that engages body, mind, and spirit to create a more holistic experience of the healing process. This approach uses sensation, movement, and creative expression to access internal resources and further emotional, cognitive, physical, spiritual, and social integration.

Wilderness and Canine/Equine Therapy are experiential and collaborative approaches that incorporate co-therapist(s) such as a dog or tree to explore and deepen relationships with self and other, human and the rest of nature. The co-therapist affords opportunities for reparative experiences of physical contact, like being held, that other approaches cannot.

Motivational Interviewing is an evidence-based and client-centered approach that supports movement away from ambivalence towards positive change by exploring the underlying dynamics of behaviors that present as resistant to change. The focus is to support self-efficacy, strengthen autonomy, and develop the client’s intrinsic motivation for change.